

*Lunch Club*  
**MEALS**  
**FROM** *Core Blimey*  
**£5**

**ABSOLUTELY CRACKING**

*Monday to Friday*  
**12:00 TIL 16:00**



*Enjoy dining with*  
*Jolly Good*  
**2**  
**FOR COURSES**  
**£10**

*Monday to Saturday*  
**18:00 TIL 21:00**



*Enjoy Dining With*  
**2 COURSES FOR £10**  
*or* **3 COURSES FOR £12**

**STARTERS**

**Mushroom and tarragon tart (v)**

with rocket and slow roasted tomato

**Homemade soup of the day**

with crusty ciabatta

**Potted pork and real ale pâté**

with toasted bread and red pepper, apple and cumin chutney

**Prawn cocktail**

with our homemade Marie Rose sauce

**MAINS**

**Baked lasagne**

with British beef, Merlot, pork and smoked bacon Bolognese sauce with homemade garlic and herb bread

**Dingley Dell pork and herb sausages**

with homemade mash, crispy onions, peas and gravy

**Smoked gammon hock**

with honey and mustard glaze and homemade colcannon mash

**Baked cannelloni (v)**

filled with lentils, courgettes and aubergines topped with smoky tomato sauce and goat's cheese

**Vegetable dopiaza (v)**

butternut squash, cauliflower and spinach in a spicy South Asian style curry

**8oz\* Rump Steak**

will have a firm texture, good flavour and is best when served rare to medium

**Grilled mackerel fillets**

on homemade sweet potato mash with pineapple, spring onion and chilli salsa

**Choose a beef or chicken burger**

topped with Taw Valley mature Cheddar and crispy bacon

**PUDDINGS**

**Callestick Farm Cornish ice cream, choose from;**

vanilla, lemon curd, Cornish fudge or Belgian chocolate served in a homemade honey wafer basket

**Baked lemon tart**

with raspberry sorbet

**Bramley apple pie**

made using British Red Tractor Farm Assured Bramley apples and served hot or cold with custard, cream or Cornish vanilla ice cream

**Double chocolate fudge cake**

with cream or Cornish vanilla ice cream

*Lunch Club*  
**MEALS**

**£5 PER DISH, CHOOSE FROM:**

**Whitby breaded scampi**

with chips and mushy peas

**Dingley Dell pork and herb sausages**

with homemade wholegrain mustard and leek mash, crispy onions and rich red wine and thyme gravy

**Steak, mushroom and onions**

in a crusty ciabatta

**Spicy bean burger (v)**

topped with goat's cheese cream and roasted red peppers

**£6 PER DISH, CHOOSE FROM:**

**Baked lasagne**

with British beef, Merlot, pork and smoked bacon Bolognese sauce with homemade garlic and herb bread

**Gnocchi, oyster and nameko mushrooms and spinach (v)**

in a wild garlic, thyme and cheese sauce served with homemade garlic and herb bread

**Hand battered fish**

with chips and mushy peas

**Fresh chicken breast and pancetta Caesar**

**Taw Valley mature Cheddar and  
crispy bacon beef burger**

**£7 PER DISH, CHOOSE FROM:**

**Fresh chicken breast filled**

with Taw Valley mature Cheddar, wrapped in pancetta with fine beans, gratin potatoes and served with sticky bourbon BBQ sauce

**Punjabi chicken tikka masala**

marinated chicken in a medium spiced creamy masala and spinach leaf sauce

**Homemade fish pie**

chunks of fish, prawns and mixed green vegetables topped with homemade mash and Taw Valley mature Cheddar

(v) These dishes are suitable for ovo-lacto vegetarians, whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-product kitchen environment. (\*) All weights are approximate uncooked weights. Meat and poultry dishes may contain bone, fish and shellfish dishes may contain bone and shell. If you suffer from an allergy please make us aware as our menus may not list every individual ingredient. All dishes are prepared in a kitchen where products containing nuts, seeds and other allergens are handled and prepared. This means we may not be able to guarantee our food will not contain traces of a specific allergen. Upon request, our staff will be happy to supply further information regarding the ingredients in our foods and cooking methods so you can make your own informed decision as to whether a specific dish is likely to be suitable for you. Although we try we can not guarantee all products are GM free. All prices include VAT at the current applicable rate.