

Ciabatta's and Wraps

Choose from one of the following fillings in either a ciabatta or a tortilla wrap. All served with salad garnish and coleslaw.



BLT £4.95

The classic, crispy bacon, crisp lettuce and fresh tomato.

Chicken Caesar £4.65

Warm chicken breast, crisp lettuce and Italian cheese topped off with caesar dressing.

Southern Fried Chicken £4.25

Juicy southern fried chicken breast, crisp lettuce, and a choice of either mayo or sweet chilli sauce.

Chicken & Bacon Salad £4.95

Warm chicken breast, crispy bacon, crisp lettuce, fresh tomato and cucumber.

Cheese Ploughman's £4.20

Cheddar cheese, crisp lettuce, fresh tomato, crunchy pickle and sliced onion.

Toasted Panini's

All panini's toasted to perfection, served with a salad garnish and coleslaw.



Ham & Cheese £3.45

Cheddar cheese and honey roasted ham.

Tuna & Mayo Melt £4.25

Tuna, mayo and topped with Cheddar cheese.

Chicken & Bacon Melt £4.95

Warm chicken breast and crispy bacon topped with Cheddar cheese.

Goats Cheese & Roast Vegetables £4.95

Roast seasonal vegetables sprinkled with creamy goats cheese.

Jacket Potatoes

Slow roasted, with a crispy skin, served with, butter, a salad garnish, with one of the following.

Cheese £2.45

Cheddar cheese.

Cheese & Beans £2.95

Cheddar cheese melted on top of baked beans.

Cheese & Bacon £3.25

Crispy bacon and melted Cheddar cheese.

Tuna Mayo £3.95

Simply tuna and mayo.

Cheese & Coleslaw £2.95

Cheddar cheese and creamy coleslaw.

Desserts

Toffee & Apple Crumble Pie £3.25

Bramley apple and custard topped with crumble and covered in a toffee sauce.

Chocolate Fudge Cake £3.25

A generous slice of chocolate heaven, served warm with cream, custard or ice cream.

Ice Cream Sundae £3.25

Strawberry, chocolate or vanilla ice cream, topped with fluffy whipped cream and a wafer with your choice of sauce.

New York Cheese Cake £3.50

Choose from chocolate, strawberry or toffee toppings.

Belgian Waffle £3.25

A Belgian waffle, drizzled with toffee or chocolate sauce, and topped with chocolate or vanilla ice cream.



Beverages



Tea £1.45

Pot of Tea £1.75

Hot Chocolate £2.00

Coffee £1.95

Cappuccino £2.25

Liqueur Coffees

Irish - Jamesons £3.45

Calypso - Tia Maria £3.45

Dublin - Baileys Hot Chocolate £3.45

Italian - Amaretto £3.45

Shin Shin - Rum £3.45

The Abington



The Abington,
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Starters

Soup £3.25

A choice of tomato or vegetable soup served with warmed ciabatta.

BBQ Chicken Wings £3.45

BBQ wings with a choice of sauce and salad garnish.

Hot & Spicy Chicken Wings £3.45

Hot and spicy chicken wings with a choice of sauces and a salad garnish.

Homemade Potato Wedges £3.25

Homemade potato wedges, white and fluffy on the inside and golden brown and crispy on the outside.

Add Cheddar cheese for only £0.50 £3.45

Add Cheddar cheese and crispy bacon for only £1.00 £3.95

Breaded Mushrooms £3.25

Golden brown breaded mushrooms served with a garlic mayonnaise.

Garlic Bread £1.95

Homemade ciabatta style garlic bread.

Add Cheddar cheese for only £0.50 £2.45

Southern Fried Chicken Dippers £3.95

Juicy southern fried chicken breast served on a bed of crisp fresh salad and your choice of dip.

Breaded Butterfly King Prawns £3.95

Served on a bed of crisp fresh salad with a choice of sauces.

Sharing Platters

All available for one, two or four people.

The Abington Combo

For Two £4.45

For Four £7.45



Chicken wings, southern fried chicken breast, potato wedges, onion rings and garlic bread, served with a salad garnish and a selection of dips.

Nacho's **For Two £3.95**

Nachos served with a tomato salsa, sour cream and melted cheese topped with jalapeños, **why not add warm sliced chicken breast for only £2!**

For Four £6.95

The Abington Platter **For Two £4.45**

BBQ and Hot 'n' Spicy chicken wings, potato wedges, garlic bread and onion rings, served with a salad garnish and a selection of dips.

For Four £7.45

For Six £10.45

Abington Classics

A selection of our traditional favourites.

Lasagne £7.95

Simply a rich creamy lasagne, served with garlic bread and salad, or chips and peas.



Ham, Egg & Chips £6.95

Moist sliced honey roasted ham topped with fried eggs and served with chunky chips and peas.

Scampi £7.25

Succulent breaded wholetail scampi cooked until golden and served with chunky chips and a choice of either mushy peas or garden peas.

Fish & Chips £6.95

Hand battered fish fillet cooked until crisp and golden served with chunky chips and a choice of either mushy peas or garden peas.

Chilli Con Carne £6.95

Classic Mexican style chilli served with rice and tortilla chips.

Vegetable Tikka £6.95

Creamy vegetable tikka masala served with rice, poppadoms, and mango chutney, **add naan bread for £1.**

Chicken Tikka £8.25

Creamy chicken tikka masala served with rice poppadoms, and mango chutney, **add naan bread for £1.**

Cottage Pie £6.95

Beef mince in rich gravy, topped with creamy mashed potato, served with fresh seasonal vegetables.

Pie of the Week £7.95

Take a look at our **specials board** to find out what this week's pie is. Served with choice of chips or mash, peas and gravy.

Sausage of the Week £7.95

Take a look at our **specials board** to find out what this week's sausage is. Served with a choice of chips or mash, peas and gravy.

Two Courses for £9.95

Add any starter or dessert to any of the above dishes.

Our Chef's Specials Board is also available



Burgers

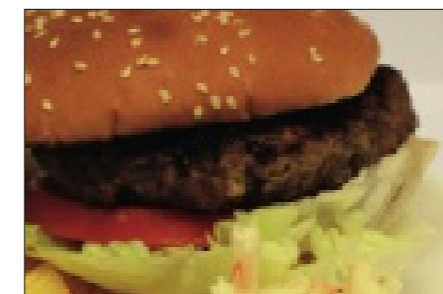
All burgers are served with chips and a salad garnish, and coleslaw.

Chicken Burger £7.95

A succulent butterfly chicken breast served in a lightly toasted bun.

Chicken, Cheese & Bacon Burger £8.95

A succulent butterfly chicken breast, topped with Cheddar cheese and crispy bacon.



Homemade Beef Burger £6.95

A secret recipe beef burger.

Cheese & Bacon Burger £7.95

A secret recipe beef burger, topped with Cheddar cheese and crispy bacon.

Hawaiian Burger £8.50

A secret recipe beef burger, topped with Cheddar cheese, a slice of moist honey roasted ham, and a ring of pineapple.

BBQ Beef Burger £8.45

A secret recipe beef burger, topped with Cheddar cheese, crispy mushrooms, golden onion rings and finally BBQ sauce served in a lightly toasted bun.

The Abington Burger £14.95

A secret recipe beef burger, a succulent butterfly chicken breast, golden onion rings, crispy bacon, breaded mushrooms, pineapple and a fried egg, all topped with melted cheese. Served with potatoes three ways (chips, potato wedges, curly fries).

Grill

All grills are served with chips, peas and a grilled tomato.

8oz Rump £9.95

An 8oz rump steak cooked the way you like it.

Surf & Turf £11.95

An 8oz rump steak served with golden scampi.



Mixed Grill £14.95

A 4oz rump steak, 4oz gammon steak, a whole chicken breast, 2 sausages, onion rings and a fried egg.

8oz Gammon £8.95

An 8oz horseshoe gammon steak, with a pineapple ring or fried egg.

Chicken, Bacon & BBQ Melt £8.95

A butterfly chicken breast, with bacon and smothered in BBQ sauce, and topped with melted cheese.

Steak Sauces £1.50

Add either a pepper sauce or Diane sauce to your steak.

Salads

All salads are a mixture of lettuce, tomato, cucumber and red onion, and all are served with garlic bread.

Chicken & Bacon Salad £7.25

Warm succulent chicken and crispy bacon, served with French dressing.



4oz Rump Steak Salad £7.95

A 4oz rump steak cooked the way you like it, served with French dressing.

Goats Cheese Salad £7.65

A creamy goat's cheese on top of a vibrant salad.

Caesar Salad £7.45

Lettuce, Italian cheese, ciabatta croutons and caesar dressing, **add chicken for only £2.00.**

Sides

Garlic Bread £1.50

Ciabatta style homemade garlic bread.



Onion Rings £2.00

A portion of crispy golden onion rings.



Curly Fries £2.20

A portion of seasoned curly fries.

Coleslaw £1.50

A pot of our delicious coleslaw.



Potato Wedges £1.95

A portion of hand cut homemade potato wedges.

Chips £2.00

A portion of thick cut chips.

The Abington

Traditional Roast Dinner

The Abington Sunday Roast

is available until the fresh vegetables run out, please ask at the bar to find out which roasts are available today.

All roast dinners are served with seasonal vegetables, a selection of potatoes, Yorkshire puddings and lashings of gravy.

£7.25

or two for £11.95

